

Best Practice no-1:

1. Title: "Prayash"- An initiative for Village Adoption

2. Objectives:

- Recognize potential of the village and confer guidance to acquire pronounced economic and social eminence.
- Assist the village to serve as a model village by achieving development in all spheres via promoting ecological farming, environmental health and well-being, also establish it as a "knowledge hub" that can generate resources for the growth of near neighbourhood.
- Community engagement by students.

3. The Context:

Aiming at empowering underprivileged and moulding students with strong sense of
ethical and humanitarian values, Goalpara college has adopted 'Kuruabhasa'- an
indigent tribal village from where a considerable number of students get enrolled
in it. This alliance is intended to provide needed opportunities to the tribal
populace for their all-inclusive development.

4. The Practice:

- The initiative is financed by the institution together with faculty's contribution (1% of earnings) and is headed by a committee with Principal as an Advisor.
- Free classes are provided to village students by college faculties.
- School bags were distributed in Kuruabhasa LP School, Kuruabhasa MV school, and Bishnu Rabha High school for inspiriting the students.
- Professional guidance via workshops, hands-on-trainings are offered to ensure socio-economic expansion.
- Student groups along with NSS and NCC unit are engaged in welfare activities.
- Collection of Feedback to evaluate the impacts of extension activities to sensitize students on social issues.

5. Evidence of Success:

- Significant amplification in pass percentage of Bishnu Rabha High School.
- Training of 125 football enthusiasts by national players Kubol Rabha, Abhijit Rabha, and Rofique Rabha.
- Awareness programme on opportunities in police service with the involvement of V V
 Rakesh Reddy, SP Goalpara was organized. Eight recent recruitments has marked the
 success of such endeavour.
- Numerous training programmes were organized to educate the villagers about selection/cultivation of edible variety of mushrooms. The villagers have successfully adopted it as an **earning root.**
- Workshops on production/application of vermicompost has resulted in preparation and profitable utilization of vermicompost in the village for green farming, also it has procured commerciality as a brand "Krishak Bandhu".
- College organized digital literacy awareness programme for women to familiarize digital payment applications, e-governance and cyber security, along with ICT awareness for farmers for effective farming and marketing.
- Sanitary napkins, masks, sanitizer and essential medicines were distributed among the villagers as a part of free health check-up camp and community 'Swachhata' programme.
- Series of campaigns have been organized under direction of Padma Shri Birubala
 Rabha to eradicate misbelief and educate people against practices like witch-hunting. No
 cases of witch-hunting has been recorded in 'Kuruabhasa' afresh.
- Village science fair were organized to implant the spirit of innovation among students.
- NSS unit is involved in welfare activities like cleaning the public places, construction of road from **Santi-bazar to Maru-khetri**, also repairing the road-drainage system.
- College celebrated **Manchelegka festival**, prevalent among the Rabha ethnic community that serves to protect the bird Manchelegka (**Kingfisher**) with a belief that souls of their ancestors transmigrate in it. This celebration was a move to familiarize protection of migratory birds visiting **Urpad beel** each year.

6. Problems encountered and Resources required:

- Pecuniary assistance is required since insubstantial fund interrupts successful execution of objectives.
- Due to various academic commitments, the college struggles to manage time to conduct programmes in the village. Flexible timetable may help here.

Best Practice no-2:

1. Title: Vasudha: In a bid to embrace Green practices and conserve Nature

2. Objectives:

- Create environmental consciousness by encouraging eco-friendly practices in/outside the campus.
- Adopt emission reduction and energy conservation practices.
- Utilize renewable natural resources for energy generation.
- Embrace proper plans to mitigate pollution.

3. The Context:

 Goalpara college celebrates rich bio-diversity of Western Assam along with West Garo hills, Meghalaya. Considering global ecological issues, attempt has been made to familiarize environment-friendly practices in/outside the campus to ensure responsible consumption of resources and sustainable development.

4. The Practice:

• Annual Plantation Drive in/outside the campus and Green auditing is exercised.

- Green house serves for planting of indigenous orchids from Garo hills accompanying essential medicinal plants.
- An experimental garden dedicated to *Azolla* cultivation along with significant aquatic planktons as *Nostoc*, *Anabaena* having nitrogen-fixing abilities. Diverse *Arum* varieties are also a fragment of this.
- A scenic park is built and nurtured by faculty contributions.
- Organic waste are successfully recycled in vermicompost pits.
- Institution's Geo-ID forum has undertaken several initiatives to reduce institutional and societal carbon footprint and inculcate greener practices in schools of Goalpara by forming Eco-club.
- Practice of 'No Vehicle Day' on every Thursday of the week.
- Practice of Reduce-Reuse-Recycle by utilizing separate wastebins for plastic, paper, iron and glass waste.
- Practice of e-governance to reduce paper use.
- Use of energy-efficient appliances for energy conservation.
- Maintenance of 'Plastic free environment' as per government norms.
- Practice of Rain-water harvesting and use of Rain-gauge.

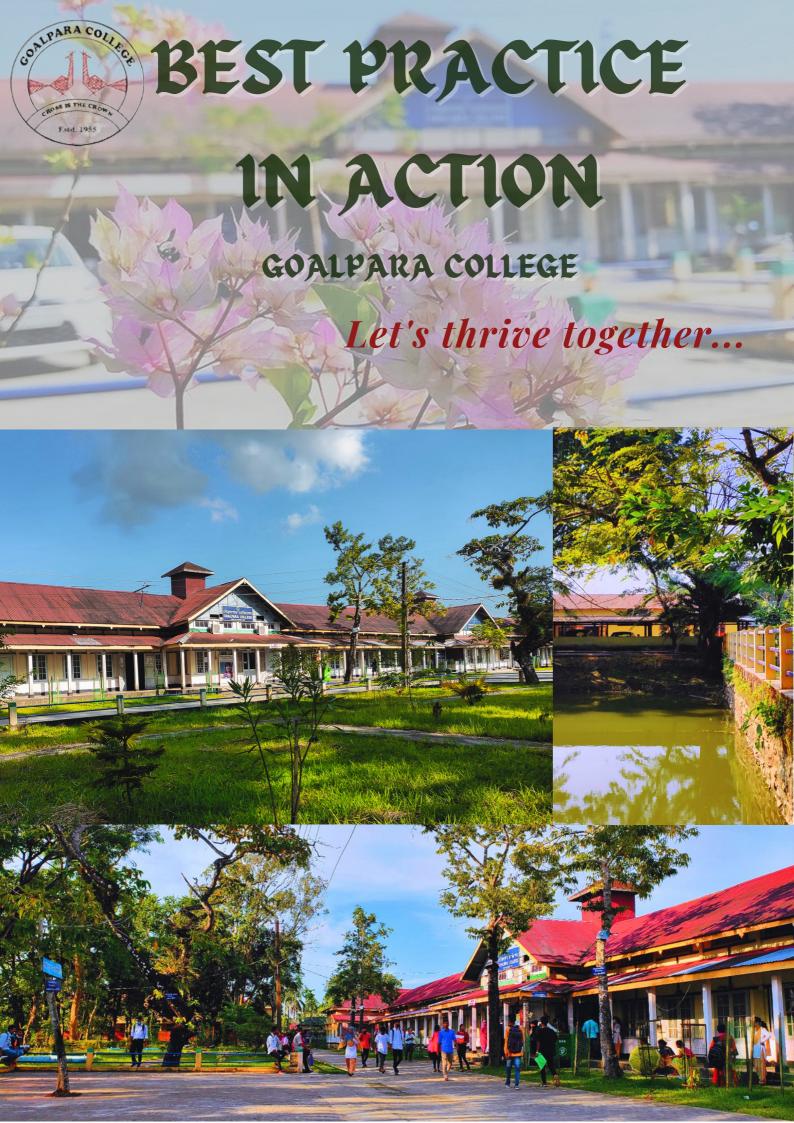
5. Evidence of Success:

- Green audit presents a floristic diversity of 317 trees belonging to 24 families in the campus. Trees are displayed with scientific nomenclature.
- The campus embraces 25 native orchid species of Garo hills.
- Azolla, Nostoc and Anabaena have been utilized as green manures. Besides, the
 experimental garden nurtures 20 diverse Arum species with medicinal and ornamental
 usefulness.
- Micro-forest development adopting 'Miyawaki Method' in Goalpara Girls College.
- Vermicompost is serving as an organic manure for planting/farming in/outside the campus.

- Goalpara Vidyapith High School has earned "Excellent Eco Club" Award under National Green Corps Programme, Assam.
- Chemical wastes are effectively disposed in a brick-well through Activated Carbon Adsorption.
- Energy auditing is practiced. Energy-efficient lighting has resulted in effective energy saving. To minimize the dependency on electrical energy, conventional street lights in the campus have been replaced with twenty 30-Watt Solar Street lights.
- Bamboo bins are used for recycling. Paper bags made by students are considerably in use in/outside the campus.
- Harvested rainwater is utilized in Bio-Tech Hub, Chemistry laboratory and college lavatories.

6. Problems Encountered and Resources Required:

- As per energy audit report, college has adequate rooftop area sufficient for 120 kW Solar power plant installation. Financial assistance is needed here.
- Monkey menace is a hindrance in upkeeping the practices.



BEST PRACTICE-1

PRAYASH: AN INITIATIVE FOR VILLAGE ADOPTION





Aiming at empowering the underprivileged and moulding students with a strong sense of ethical and humanitarian values,
Goalpara college has adopted 'Kuruabhasa'- an indigent tribal village. This alliance is intended to provide needed opportunities to the tribal populace for their allinclusive development.

WE LEARN TO SERVE...













Goalpara college strives
to offer learning
opportunities to the
rural students. Aiming at
this, free education is
provided to the students
of the village via
extension classes by
college faculties.





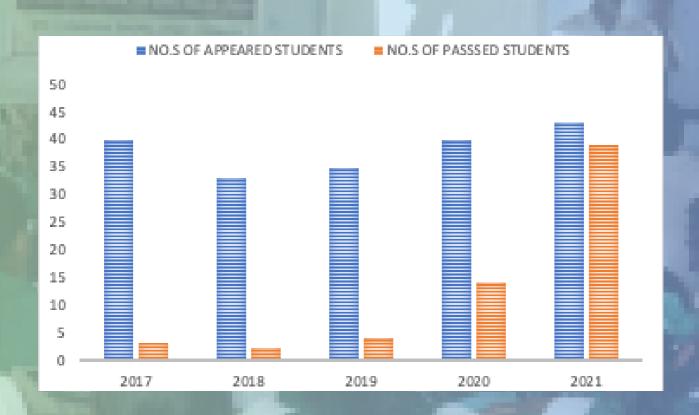




Institution's approach to inspire students by distributing schoolabagse of Adopted Village, KURUABHASA among them.

Goalpara college is engaged on a mission of providing quality education to every segment of the society. As a result of this constant effort, the pass percentage of Bishnu Rabha high school of Kuruabhasa has amplified considerably in the year 2021.

YEAR	NO.S OF APPEARED STUDENTS	NO.S OF PASSED STUDENTS
2017	40	3
2018	33	2
2019	35	4
2020	40	14
2021	43	39





Programme conducted on avenues in Police services

A CORRESPONDENT

GOALPARA, Sept 4: The Career Counseling and Guidance Cell of Goalpara College, in collaboration with the Goalpara district police administration, organized a three-day programme on 'Opportunities in Police Service' at Kuruabhasa village, Goalpara.

The programme was aimed to impart necessary

presence of Dr. Subhash Burman, Principal of Goalpara College. Senior faculty members of the college and around 80 youths preparing for the ensuing recruitment of constable in Assam Police, also participated in the programme.

During his inaugural speech, the super cop urged the youth to emulate the success stories of Olympians Lovlina Borgobain and

tion for police service and avoid any indulgence in drug-related activities."

Delivering his welcome speech, the Principal of the college encouraged youths to actively participate in the programme and avail the opportunities offered by the district administration and college.

Biswajit Kalita, Inspector of Police, explained the guidelines and the selection

'কঠোৰ সাধনা, শ্ৰম, লক্ষ্য আৰু একাগ্ৰতাই জীৱনলৈ সফলতা আনে'

গোবালপাৰা ঃ নিজা বাতৰি দিওঁতা, ১৩ এপ্ৰিল ঃ জীবনটো সঠিকৰূপে গঢ় দিবলৈ হ'লে এটি লক্ষ্য স্থিৰ কৰিহে সঠিক দিশে আগবাঢ়িব লাগে। একলব্য সাধনা আৰু কঠোৰ শ্ৰম, একাগ্ৰতা অবিহনে লক্ষ্য স্থানলৈ গতি কৰিব নোৱাৰি। ইয়াৰ বাবে কঠোৰ সাধনা, শ্ৰম, লক্ষ্য আৰু একাগ্ৰতাইহে জীৱনলৈ সফলতা আনে। আজি সামৰণি পৰা গোৱালপাৰা মহাবিদ্যালয়ৰ 'প্ৰতিযোগিতামূলক পৰীক্ষাৰ প্ৰস্তুতি' শীৰ্ষক তিনিমহীয়া কর্মশালাৰ সামৰণী অনুষ্ঠানত উপস্থিত থাকি মুখ্য অতিথি তথা উদগনিমূলক ভাষণ প্রদান কৰে জিলা অতিৰিক্ত উপায়ুক্ত দিবাকৰ নাথে। জীৱনটো কঠোৰ ব্ৰতেৰে আগুৱাই নি সৰ্বভাৰতীয় প্রশাসনিক সেৱা পৰীক্ষাত নিজকে কেনেকৈ প্রস্তুত কৰিছিল তাৰেই আভাস দি প্ৰশাসনিক বিষয়াজনে গোৱালপাৰা মহাবিদ্যালয়ৰ এনে মৌলিক আৰু বাস্তৱিক বিষয়ৰ কৰ্মশালা অনুষ্ঠিত কৰাৰ বাবে শলাগ লয়। মহাবিদ্যালয়ৰ 'কেৰিয়াৰ কাউন্দেলিং এণ্ড গাইডেন্স চেল'ৰ উদ্যোগত অনুষ্ঠিত কৰ্মশালাৰ সামৰণী অনুষ্ঠানত মহাবিদ্যালয়খনৰ অধ্যক্ষ ড° সুভাষ ৰ্মনে ছাত্ৰ-ছাত্ৰীসকলৰ 'একাডেমিক' দিশৰ উন্নতিৰ

ঐকান্তিক প্রচেম্ভা, উপদেশ আৰু প্রতিক্ষণে আগবঢ়োৱ সহযোগিতাৰ বাবে বিভাগে এই তিনি মাহ বিভিন্ন সমল ব্যক্তিৰ দ্বাৰা কৰ্মশালা সফল কৰিব পাৰিছে বুলি কৈ অধ্যক্ষ, সমল ব্যক্তি তথা মহাবিদ্যালয়ৰ শিক্ষকসকলৰ শলাগ লয়। ছাত্র-ছাত্রীসকলে যাতে মহাবিদ্যালয়ত অধ্যয়ন কৰি থাকোঁতেই সৰ্বভাৰতীয় প্ৰশাসনিক সেৱা পৰীক্ষাৰ বাবে মনোযোগ বঢ়াব পাৰে, অধ্যয়নৰ কৌশল, ক্রীড়া আৰু পদ্ধতিগত শিক্ষাৰে এতিয়াৰে পৰা অগ্ৰসৰ হ'ব পাৰে এই লক্ষ্যৰে মহাবিদ্যালয়ৰ ১৬টা বিভিন্ন বিভাগৰ আগ্ৰহী ৪৫গৰাকী ছাত্ৰ-ছাত্ৰীক বাচনি কৰি কৰ্মশালাত নিয়োজিত কৰা হৈছিল বুলিও সমন্বয়ক ড° ব্ৰহ্মই সদৰী কৰে ৷ কৰ্মশালাৰ শুভাৰম্ভণি দিনাই মুখ্য অতিথি হিচাপে উপস্থিত থাকি জিল উ পায়ুক্ত বৰ্ণালী ডেকাই কৰ্মশালাৰ অংশগ্ৰহণকাৰীসকলক ভাষণ দিয়ে। কৰ্মশালাত মহাবিদ্যালয়ৰ কেইবাগৰাকী অভিজ্ঞ অধ্যাপকৰ উপৰি জিলা অতিৰিক্ত উপায়ুক্ত আশ্ৰাফুল আমিন (এ চি এছ), সহকাৰী আয়ুক্ত ঋতুপৰ্ণা দাস, ডি এছ পি ৰূপজ্যোতি কলিতা, ধুবুৰী জিলাৰ অতিৰিক্ত আৰক্ষী অধীক্ষক সমাস সিন্ধাৰ উপৰি ভালা আতি ৪ এই



An Awareness programme on opportunities in police service with the involvement of V V Rakesh Reddy, SP Goalpara was organized. Eight recent recruitments has marked the success of such endeavour.



WE DREAM, WE WORK

&

CREATE WINNERS



DHANMAY RABHA FOREST GUARD



BIPUL RABHA
POLICE CONSTABLE



JIBESWAR RABHA
POLICE CONSTABLE



SAVASHAN RABHA COMMANDO



RANJITA RABHA POLICE CONSTABLE



GANIKYA RABHA POLICE CONSTABLE



PALAN DAS ARMED BRANCH



AMARJVOTI RABHA POLICE CONSTABLE

Goalpara, AS, India Balijana, Goalpara, 783121, AS, India Lat 26.112383, Long 90.626066 05/28/2023 12:36 PM GMT+05:30 Note: Captured by GPS Map Camera





APPRECIATION IS THE BEST MOTIVATOR

A felicitation programme was held at Kuruabhasa, the adopted village to honor the new recruitees of the police service and their parents. The principal, Goalpara College, along with a team of faculties joined the ceremony to applaud the achievers.







EAT HEALTHY FEEL ALIVE

A series of training programme on mushroom cultivation:
to educate the villagers against the myths of mushroom
consumption, about the selection of right and edible
varieties of mushrooms and to motivate them to accept it
as a source of revenue generation.





SPOIL TO SOIL

Workshops on the preparation and application of vermicompost: leading to profitable use of vermicompost in green farming in the village.



'KRISHAK BANDHU'-

An organic manure brand commercially run by the locals.





DIGITAL
INCLUSION:
LEAVE
NO
ONE
BEHIND



"ICT AWARENESS FOR FARMERS" - Institution's initiative to make the farmers aware of effective farming & digital marketing.













"DIGITAL LITERACY FOR WOMEN" -

Institution's drive towards educating WOMEN about digital payment applications, e-governance and cyber security.





HOPE FOR HEALTH: HYGIENE IS THE KEY

MACHHATA PROGRAMME

গোৱালপাৰা মহাবিদ্যালয়ৰ স্বাস্থ্য সজাগতা কাৰ্যসূচী



গোৱালপাৰা ঃ নিজা বাতৰি দিওঁতা, ৮ ছেপ্টেম্বৰ ঃ গোৱালপাৰ মহাবিদ্যালয়ৰ মহিলা কোষে গ্ৰাম্যাঞ্চলৰ মহিলাসকলৰ স্বাস্থ্য সজাগতাৰ বাবে এক অভিযান আৰম্ভ কৰিছে। যোৱা ৩ ছেপ্টেম্বৰত গোৱালপাৰ জিলাৰ জনজাতিপূৰ্ণ অঞ্চল কুৰুৱাভাষাত এক স্বাস্থ্য শিবিৰ অনুষ্ঠিত কা কোষৰ সদস্য তথা অধ্যাপিকাসকল উপস্থিত থাকি মহিলা সবলীকৰণ কভিডৰ সময়ছোৱাত অৰ্থনৈতিক সমস্যাৰ উপশমত মহিলাসকলৰ ভূমিক কভিডৰ সময়ছোৱাত অৰ্থনৈতিক সমস্যাৰ উপশমত মহিলাসকলৰ ভূমিক নাৰী শিক্ষাৰ গুৰুত্ব আদি বিষয়ত আলোচনা আগবঢ়ায়। মহাবিদ্যালয় মহিলা কোষৰ সম্পাদিকা জ্যোৎম্মা দাসে আঁত ধৰাৰ লগতে শিবিৰৰ উদ্দেব্যাখ্যা কৰা সজাগতা সভাত মুখ্য অতিথি ৰূপে উপস্থিত থাকে জিল্বাস্থ্য সেৱা সঞ্চালকালয়ৰ যুটীয়া সঞ্চালক ডাঃ অভিজিৎ বোম, ডাঃ ৰাজপাল আৰু ডাঃ দীপিকাই। কোষৰ সভানেত্ৰী অধ্যাপিকা ড° বাসন্তী ৰ দত্তৰ সঞ্চালনাত অনুষ্ঠিত শিবিৰত এটি চিকিৎসকৰ দলে মহিলাসকল বিনামূলীয়া স্বাস্থ্য পৰীক্ষা কৰে। লগতে মাস্ক আৰু ছেনিটাইজ

Distribution of sanitary napkins, masks, sanitiser and essential medicines among the villagers as a part of free health check-up camp.





SCIENCE GREATEST ANTIDOTE FOR SUPERSTITION

Campaigns have
been organized under
the guidance of
Padma Shri Birubala
Rabha to eradicate
misbelief and
educate people
against practices like
witch-hunting.











VILLAGE SCIENCE FAIR

An initiative to popularise science among students to instil the spirit of innovation in them.











NSS unit is involved in welfare activities like cleaning the public places, construction of road from Santi-bazar to Maru-khetri, also repairing the road-drainage system.



EDUCATION BEYOND CAMPUS

Academic initiative by
Goalpara College in Adopted Villages

COLLABORATION IN MANCHELEGKA FESTIVAL

Manchelegka festival, prevalent among the Rabha ethnic community that serves to protect the bird-Kingfisher with a belief that souls of their ancestors transmigrate in it. This celebration was a move to familiarise the protection of migratory birds visiting Urpad beel each year.











SOCIO-ECONOMIC SURVEY; to identify the problems in socioeconomic growth and initiate necessary plans to address them.

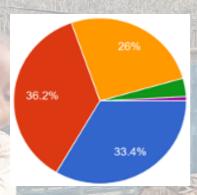
THERE IS NO FAILURE ONLY FEEDBACK

To evaluate the impact of extension activities on students, feedback was collected from 724 students using a questionnaire of 14 questions. The response on a scale of 5 is as follows..

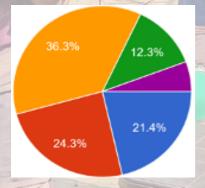
Sl. No.	Statement	Weighted Average Rating
1	I have become aware of my physical & mental health	3.94
2	I have understood the ways and means to conserve water	3.96
3	I have understood the process of scientific mushroom production	3.36
4	I have understood the process of Vermicompost	3.41
5	I feel responsible to educate my family on use of cloth/paper bags	3.99
6	I have understood the harmful effects of substance abuse (e.g., tobacco)	4.03
7	I have become conscious about the value of nutritious food	3.97
8	I am willing to participate in campaigns on planting saplings for environment protection	3.97
9	I realize the need to donate blood for saving is	3.94
10	I have understood the ill effect of open defecation	3.73
11	I am willing to participate in the awareness drive against witch hunting	3.74
12	I will strongly oppose the superstitious belief and practice	3.83
13	I have benefitted from the preparatory workshops for Competitive examinations	3.69
14	I have become more skilled and confident in playing football	3.33

ANALYSIS OF DATA

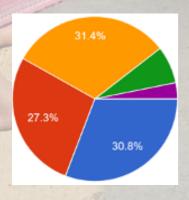
Statement-2: I have understood the ways and means to conserve water



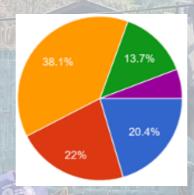
Statement 4: I have understood the process of Vermicompost



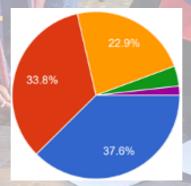
Statement 11: I am willing to participate in the awareness drive against witch hunting



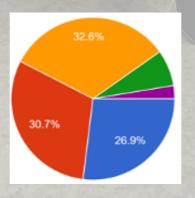
Statement 3: I have understood the process of scientific mushroom production



Statement 5: I feel responsible to educate my family on use of cloth/paper bags



Statement 13: I have benefitted from the preparatory workshops for Competitive examinations



Excellent

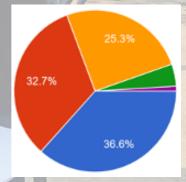
Very good

Good

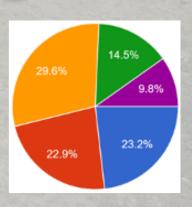
Average

Poor

Statement 8: I am willing to participate in campaigns on planting saplings for environment brotection



Statement 14: I
have become more
skilled and
confident in
playing football



BEST PRACTICE-2

VASUDHA: IN A BID TO EMBRACE GREEN PRACTICES AND CONSERVE NATURE



Goalpara college celebrates
rich bio-diversity of Western
Assam along with West Garo
hills, Meghalaya.
Considering global ecological
issues, an attempt has been
made to familiarize
environment-friendly
practices in/outside the
campus to ensure responsible
consumption of resources
and sustainable
development.







THINK GREEN LIVE GREEN

Annual Plantation Drive in/outside the campus and Green auditing is exercised. Green audit presents a floristic diversity of 317 trees belonging to 24 families in the campus. Trees are displayed with scientific nomenclature.





Van-Mahotsav: an annual one-week tree planting festival has been celebrated on the first week of July for the last three years.



Garden located
in front of the
college campus
with an area of a
hectare hosts
various fruit trees
as well as
ornamental
plants.





A micro forest is developed at Goalpara Girls' College on the occasion of World Environment Day 2022 by Assam Science Society, Goalpara College Unit.











Green house serves for planting of indigenous orchids from Garo hills accompanying essential medicinal plants. Orchid diversity in the campus embraces 25 native species of Garo hills.







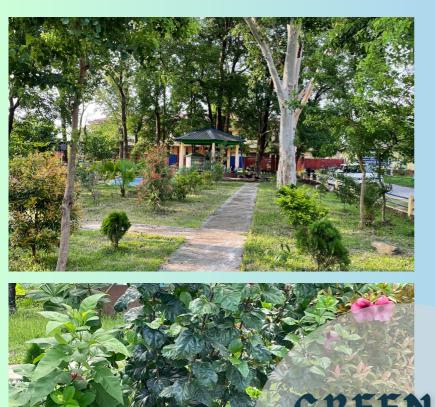
An experimental garden

(A) STRUCTURE

(A) STRUCTURE
(B) PURPOSE
(B) PURPOSE
(B) PURPOSE
(C) PURPOSE
(























GREEN TRAVEL



It is for information of all concerned that Goalpara College authority has declared every Thursday as No Vehicle Day. Therefore all stakeholders and visitors to Goalpara College are requested to abide by the "No Vehicle Policy" of the college to reduce carbon emissions and to contribute to achieve net zero by 2050. However, bicycle, e-vehicle may be used.

Goalpara College adopts innovative way to curtail fossil fuel use



GOALPARA, May 18: Goalpara College Coordinator of IQAC and a professor of the

taining the all-round green environment insic its campus." On the other hand, Dulal Barua has adopted an innovative policy in order. Botany department, warned about the glob



To popularise green travel & to curtail fossil fuel use, the college has adopted "No Vehicle Policy" on every Thursday of the week.







Chemical wastes are effectively disposed in a brick-well through Activated Carbon Adsorption.



Organic waste, acid waste, base waste, sharp objects are also disposed separately.





Paper bags are made & distributed by NSS volunteers & other students which are considerably in use in/outside the campus.



The volunteers of NCC unit, Scouts and Guides Unit, NSS unit along with other students of the college regularly devote their time in cleaning the campus, rivers and different areas of town making it plastic free.









RAIN GAUGE
& RAIN
WATER
HARVESTING
IN CAMPUS

